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Description automatically generated**Consent Information Statement –** **Health professionals**

# Project Title

Empower patients to better manage their chronic conditions, preventing unnecessary hospital presentations.

# Investigators

Chief Investigator:

Professor Rachael McDonald, Department of Nursing and Allied Health, Swinburne University of Technology, rachaelmcdonald@swin.edu.au

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# Introduction to Project

We invite you to participant in this challenge project to empower patients to better manage their chronic conditions, preventing unnecessary hospital presentations.

# What this project is about and why it is being undertaken

Quality healthcare outcomes depend upon patients' adherence to recommended treatment and management regimes. Nonadherence is a threat to patient wellbeing and carries a huge economic burden in terms of emergency department presentations and hospital admissions. In this project, we will engage people living with chronic diseases, and clinicians who recommend, coordinate and support patients with management regimes, in a series of discovery and co-design workshops where they will work together to unpack and begin to solve this complex problem. By working through the design process, we will come to a better understanding of the ways in which patients might be empowered to manage their chronic conditions, thereby avoiding complications and unnecessary hospitalizations.

# Project and researcher interests

This project is funded by Victoria Government and is being undertaken by researchers at MedTechVic, Swinburne University of Technology.

# What participation will involve – time, effort, resources, costs, compensatory payments, etc

This research will take up to 6 hours of your time for either one full day or split over multiple days at Swinburne University or online, in line with individual and group preferences. It will include the following tasks:

* Completing a questionnaire with general demographics
* Engaging in workshops and tasks with small groups to complete a co-design process.
* Give feedback about your experience of participating in the co-design process.

You will go into a draw to receive 1 of 10 $30 movie vouchers in recognition of your time and contribution.

# Participant rights and interests – Risks & Benefits/Contingencies/Back-up Support

The sharing of your experiences will help us to develop insights on management of chronic disease that may be used to develop resources and supports that empower patients.

There is some risk that thinking or talking about your experiences with supporting patients with chronic disease may be upsetting. In the case that participation in this research causes any distress, please let the researchers know for immediate assistance. If you require ongoing assistance, Swinburne’s Hawthorn campus has psychological assistance onsite. This can be accessed on a low-cost fee for service basis. Please contact Swinburne Wellbeing on (03) 9214 8483, if you require further psychological assistance.

# Participant rights and interests – Free Consent/Withdrawal from Participation

Participation is completely voluntary. If you decide to participate, we will ask you to sign a consent form. You may, without any penalty, decline to take part in this project. If you decide to take part and later change your mind, you may, without any penalty, withdraw at any time without providing an explanation. To withdraw, please contact the Chief Investigator or you may just refuse to answer any questions or leave the workshops. Individual data already collected in small group activities at workshops may not be practicably destroyed, but it will not be used in analysis and reporting.

# Participant rights and interests – Privacy & Confidentiality

The privacy and confidentiality of individuals will be protected at all times. Only the researchers listed on this form have access to the individual information provided by you. Information collected from you will be stored securely on a password protected computer and/or Swinburne University server throughout the project. Signed consent forms will be stored separately to any data collected and only the researchers named on this form will have access. Any identifiable data will be de-identified for data storage purposes unless indicated otherwise. All data will be securely stored at Swinburne University for an indefinite period. Participant data collected will be retained for re-use by the research team or for future use. Data may be re-used to inform future research to develop tools to patients to manage their chronic disease.

# Research output

The research outcomes may be presented at conferences and written up for publication. You will not be named, and your individual information will not be identifiable in any research products.

# Further information about the project

If you would like further information about the project, please do not hesitate to contact: Dr Anna Lane, [annalane@swin.edu.au](mailto:annalane@swin.edu.au), Tel: 03 9214 8370

# Concerns/complaints about the project:

This project has been approved by or on behalf of Swinburne’s Human Research Ethics Committee (SUHREC) in line with the *National Statement on Ethical Conduct in Human Research*. If you have any concerns or complaints about the conduct of this project, you can contact:

Research Ethics Officer, Swinburne Research (H68),

Swinburne University of Technology, P O Box 218, HAWTHORN VIC 3122 Australia.

Tel (03) 9214 3845 or +61 3 9214 3845 or [resethics@swin.edu.au](mailto:resethcs@swin.edu.au)

**Consent Form – Health professionals**

**Project Title:**

Empower patients to better manage their chronic conditions, preventing unnecessary hospital presentations.

**Principal Investigator:**

Professor Rachael McDonald, Department of Nursing and Allied Health, Swinburne University of Technology, [rachaelmcdonald@swin.edu.au](mailto:rachaelmcdonald@swin.edu.au)

1. I consent to participate in the project named above. I have been provided a copy of the project consent information statement to which this consent form relates and any questions I have asked have been answered to my satisfaction.

|  |  |  |
| --- | --- | --- |
| 2. ***In relation to this project, please circle your response to the following:*** |  | |
| * I agree to participate in workshops and tasks with small group to complete the co-design process | **Yes** | **No** |
| * I agree to allow the workshops to be audio recorded by electronic device | **Yes** | **No** |
| * I agree to have images taken during the workshops of the tasks and artifacts developed (photos to be de-identifed) | **Yes** | **No** |
| * I agree to complete a questionnaire about my background | **Yes** | **No** |
| * I agree to give feedback about my experience of participating in the co-design process | **Yes** | **No** |
| * I agree to my data being used in further research or to inform further research | **Yes** | **No** |
| * I would like to be contacted about future studies and events via email | **Yes** | **No** |

1. I acknowledge that:
   1. my participation is voluntary and that I am free to withdraw from the project at any time without explanation;
   2. the Swinburne project is for the purpose of research and not for profit;
   3. any identifiable information about me which is gathered in the course of and as the result of my participating in this project will be (i) collected and retained for the purpose of this project and (ii) accessed and analysed by the researcher(s) for the purpose of conducting this project;
   4. I understand the length of time researcher/s will have access to this information;
   5. my anonymity is preserved and I will not be identified in publications or otherwise without my express written consent;
   6. ownership of all Intellectual Property created or developed by the participants in the course of the Project, is hereby assigned to and vests in Swinburne upon their creation or development.

By signing this document I agree to participate in this project.

**Name of Participant:** ……………………………………………………………………………

**Signature & Date:** ……………………………………………………………