

INFORMATION SHEET FOR PARTICIPATION IN A RESEARCH

Project Title: Enhancing physical activity: exploring referral pathways between general practitioners and exercise physiologists

Why am I being invited?

You are invited to take part in a web-based online survey that aims to explore the perceptions of GPs, EPs and patients in relation to the outcomes of referral pathways. The study is being conducted by Francis Albert, a PhD candidate and it will contribute to a degree in Doctor of Philosophy (Health) at James Cook University.

Involvement in this study

Taking part in this survey is completely voluntary. While we would be pleased to have you participate, we respect your right to decline. You are free to decline to answer any particular question you do not wish to answer for any reason.

What procedures are involved?

If you agree to be involved in the study, the key procedures involved in the research project are:

Survey questionnaire

You will be presented with a questionnaire and asked to provide some demographic information about yourself. This will be followed by questions about your knowledge, beliefs, behaviour and recommendations in relation to Physical activity (PA). the questionnaire will take 10 – 15 minutes to complete.

Individual Telephone Interview

If you wish to further elaborate and give more information on your experience of PA and the impact of referral pathways, you will be contacted for an individual telephone-based interview with the principal investigator. Please indicate at the end of the questionnaire, if you wish to be contacted for participation in this interview.

What about privacy and confidentiality?

Your responses are anonymous. There are no identification of you or your answers, and no one will know whether or not you participated in the study.

At the end of the survey, you will be asked if you are interested in participating in an additional telephone interview. If you choose to provide your phone number, your responses in the interview may no longer be anonymous to the researcher. However, you will not be identified in any way in the research publications and reports of data from this study.

BENEFITS

All patients who participated in this study will be entered into a draw to win one of 25 \$20 gift vouchers. Additionally, your responses may aid better understanding of how to improve the referral pathways between GPs and EPs for improved patient health outcomes through physical activity.

RISKS

There are no foreseeable risk involved in participating in this study.

Thank you for taking your time to read this information sheet. We look forward to your positive response to this request.

If you have any concerns regarding the ethical conduct of the study, please contact:

Human Ethics, Research office

James Cook University, Townsville, Queensland 4811

Phone: (07) 4781 5011 (ethics@jcu.edu.au)

Who should I contact if I have any question(s)?

If you have any question about the study, please contact **Francis Albert and/or A/Prof Bunmi Malau-Aduli, whose contact details are provided below**

<p>Primary Investigator: Francis Ali Albert College of Medicine and Dentistry James Cook University, Australia Email: francis.albert@my.jcu.edu.au</p>	<p>Primary Supervisor details: A/Prof Bunmi Malau-Aduli College of Medicine and Dentistry James Cook University, Australia Tel: +61 747814418 Email: bunmi.malauaduli@jcu.edu.au</p>
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